



ADDITIONAL SERVICES

Beulah Community Church

Meets every Sunday night from 6.00 pm - 10.00 pm. We are a Community based church with a vision for helping people and have seen many miracles already in transformed lives. Contact **Ps. Josephine Hollway** on **0400 079 036**.

Carrum Downs Presbyterian Church

Every Sunday at 10.30 am. We seek to introduce people to the living God in Christ Jesus, and to incorporate them in worship and life according to His Word. Contact **Rev David** on **8772 2454**.

Girl Guides

Provides girls (5 - 18 years) with fantastic opportunities to meet personal challenges, learn team building & leadership skills & make new friends. Meet weekly on Tuesday afternoons. Contact **Bernette** on **9786 8917** or email **mpgirlguides@bigpond.com**

JiveRoc Modern Jive

THE dance craze from the UK that is highly social, lots of fun, and impressive to watch. All adults welcome (no under 18's). Thursdays 7.30 pm – 10.30 pm. First lesson FREE, thereafter only \$15 for 3 hours. Call **Teri** on **0415 921 328** or www.jiveroc.com.au

Julia's Essential Yoga & Yogalates - Stretch - Tone - Relax

Yoga helps to get fit, tone the body, reduce stress and anxiety, increase flexibility, relax and improve concentration. Wednesday 7.00 pm - 8.00 pm. To register contact **Julia** on **0418 176 484**.

Kumon

Maths and English tuition. Help your child achieve and succeed at school. For more information contact **Cynthia** on **9789 2278**.

Megan's Dance Studio

A fun & creative introduction to the performing arts for boys & girls 3-9 yrs. A program & teaching style that captures & explores your child's imagination through dance, movement & song. Call **Megan** on **0450 008 507** or www.megansdancestudio.com.au



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Performance Academy of Dancing

Classical ballet, jazz and tap classes for pre-school and school aged children. Quality dance tuition provided by fun, friendly and dedicated staff. For more information phone **0407 718 606** or visit www.performanceacademyofdancing.com.au

Rhythm Factory

Dance, music and movement in a warm, caring environment. For boys and girls aged 15 months - 8 yrs. Children develop skills like balance, coordination, body awareness and creativity. Phone **Nicky** on **0408 667 058** or visit www.rhythmfactory.com.au

Shuto Kan Ryu Karate

Every Tuesday from 6.30 pm - 7.30 pm except school and public holidays. All welcome. For more information contact **Shuto Kan Ryu Karate** on **0402 081 674**.

Strength Training Class

This fun class runs every Thursday from 9.00 am - 10.00 am except school holidays. Vary your exercise with circuit classes every second week. All ages welcome. For more information phone **Kerry** on **0414 482 431**.

Vidya Maths & English

We have personalised tuition programmes to help pupils succeed in Mathematics and English. Success guaranteed. Contact **Arul** on **0403 861 547**.

Weight Watchers

Discover, Learn, Share. Get the support and advice you need. Meetings are held on Mondays at 5pm or 7pm and Thursdays at 5pm. For more information contact **131 997** or visit www.weightwatchers.com.au

Zumba

Come and enjoy the party. With easy to follow routines, burn calories and have a blast. Classes held on Mondays and Wednesdays at 7pm. Cost is \$12 casual or \$10 'bring a friend'. For more information phone **Ramona** on **0437 125 201**.